

THE S-ANON FAMILY GROUPS OF DC, MD AND VA PRESENT

WEAVING RECOVERY INTO OUR LIVES

2024 Spring Retreat

An annual tradition, prior attendees were invited to share their retreat experience:

TAKE TIME & SPACE AWAY

"I do not miss retreats. I appreciate the opportunity to connect with nature as well as with my program friends. I find that having some time and space away from my daily routine helps me to feel reenergized in my program work and I love making connections with new and returning members."

KEEP GROWING

"It was a battery charger, a reminder of continuing to keep growing/cultivating/building my program and my relationships."

SHARE THE JOURNEY

"I really benefitted from meeting others and listening to their journeys. It is very important for me moving forward to interact with more S-Anon members outside of my immediate group."

CONNECT IN-PERSON

"The retreat provided a much needed boost. Being able to connect with people in real life was really refreshing."

WORK THE PROGRAM

"It was like getting an infusion of excitement, commitment and support for me to work the program."



AT A GLANCE

March 22-24, 2024

Skycroft Conference Center

9621 Frostown Rd

Middletown, MD 21769

\$225 full retreat/\$95 Sat only

IT'S TIME TO REGISTER!

The full weekend retreat experience is nearing 70% capacity and, based on prior years, it **will** sell out before registration closes Feb 16.

A \$45 deposit at time of registration reserves your spot. Full payment by PayPal, Venmo or mailed check is due Feb 16. After Feb 16, any available full retreat accommodations for late registrants will increase to \$255.

<https://sanon.ticketleap.com/2024-spring-retreat>

For questions or scholarship information, please email

retreat@dcmdvasanon.org